







Year 6 - PSHE		
<b>Autumn 1</b>	<b>Spring 1</b>	<b>Summer 1</b>
<p><b>Identity, society and equality: Human rights</b> (3 lessons) Pupils learn:</p> <ul style="list-style-type: none"> <li>• about people who have moved from other places, (including the experience of refugees)</li> <li>• about human rights and the UN Convention on the Rights of the Child about homelessness</li> </ul> <p><b>Prevent:</b> (Lesson 4 &amp; 5)</p> <p>(2 lessons) Pupils learn:</p> <ul style="list-style-type: none"> <li>• To recognise extremism and radicalisation</li> <li>• To identify why and how people are recruited into radicalised activity</li> <li>• To identify some of the stereotypes relevant to radicalisation</li> <li>• To identify the risks faced in relation to extremist activity</li> <li>• To understand how they can lead to harm</li> </ul>	<p><b>Keeping safe and managing risk: Keeping safe - out and about</b> (3 lessons) Pupils learn:</p> <ul style="list-style-type: none"> <li>• about feelings of being out and about in the local area with increasing independence</li> <li>• about recognising and responding to peer pressure</li> <li>• about the consequences of anti-social behaviour (including gangs and gang related behaviour)</li> </ul>	<p style="text-align: center;"><b>FGM</b></p> <p>(4 lessons) Pupils learn:</p> <ul style="list-style-type: none"> <li>• about the consequences of keeping something dangerous a secret</li> <li>• about the need for rules and laws</li> <li>• that children and young people have rights</li> <li>• about which parts of the body are private</li> <li>• what the term FGM means</li> <li>• to explore individual and moral issues</li> <li>• about places they can go to for help and support around FGM</li> </ul>
 <b>MindMate: Feeling Good &amp; Being Me</b>	 <b>MindMate: Life Changes</b>	 <b>MindMate: Being the Same &amp; Being Different</b>
<b>Autumn 2</b>	<b>Spring 2</b>	<b>Summer 2</b>
<p><b>Drug, Alcohol and Tobacco Education: Weighing up risk</b> (3 lessons) Pupils learn:</p> <ul style="list-style-type: none"> <li>• about the risks associated with using different drugs, including tobacco and nicotine products, alcohol, solvents, medicines and other legal and illegal drugs</li> <li>• about assessing the level of risk in different situations involving drug use</li> <li>• about ways to manage risk in situations involving drug use</li> </ul>	<p><b>Mental Health and emotional wellbeing: Healthy minds</b> (3 lessons) Pupils learn:</p> <ul style="list-style-type: none"> <li>• what mental health is</li> <li>• about what can affect mental health and some ways of dealing with this</li> <li>• about some everyday ways to look after mental health about the stigma and discrimination that can surround mental health</li> </ul>	<p><b>Growing and Changing (SRE): Reviewing puberty and becoming men and women</b> (3 lessons) Pupils learn:</p> <ul style="list-style-type: none"> <li>• about the changes that occur during puberty</li> <li>• to consider different attitudes and values around gender stereotyping and sexuality and consider their origin and impact</li> <li>• what values are important to them in relationships and to appreciate the importance of friendship in intimate relationships</li> <li>• to answer each other's questions about sex and relationships with confidence, where to find support and advice when they need it</li> </ul> <p><b>Additional lessons:</b></p> <ul style="list-style-type: none"> <li>• about human reproduction in the context of the human lifecycle</li> <li>• how a baby is made and grows (conception and pregnancy)</li> <li>• about roles and responsibilities of carers and parents</li> </ul>
 <b>MindMate: Friends &amp; Family</b>	 <b>MindMate: Strong Emotions</b>	 <b>MindMate: Solving Problems - Making it Better</b>

