

Harehills Primary Weekly Menu

Our school menus have been designed to provide balanced, delicious and healthy choices for your child using seasonal, local

Week 1: w/c: 02.01.17, 23.01.17, 20.02.17, 13.03.17, 17.04.17, 08.05.17, 05.06.17, 26.06.17, 17.07.17

	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the Day	Spaghetti Bolognese served with Tomato & Herb Bread	Lamb Biryani and Aromatic Rice	Smoked Paprika Chicken Stroganoff served with Pasta	Beef Cottage Pie Yorkshire Pudding and Seasonal Vegetables	Homemade Salmon Fishcakes served with Homemade Jacket Potato Wedges
Vegetarian Dish of Day	Vegetable Hoisin Noodles	Vegetarian Chilli served with Rice	Red Onion Omelette served with New Potatoes	Vegetarian Sausage with Yorkshire Pudding, Roast and Mashed Potatoes	Cheesy Bean Enchiladas served with Homemade Jacket Potato Wedges
Vegetables & Salad	A selection of fresh vegetables and salads are served daily which incorporate local and seasonal produce				
Desserts	Vanilla Sponge served with Mixed Berries and Custard	Artic Roll served with Fresh Fruit Salad	Marble Sponge served with Chocolate Custard	Double Chocolate Slice	Jelly and Fresh Fruit Salad

If you require any information regarding Allergens please contact Catering Leeds Head Office - 0113 3782321



FAIRTRADE



yoghurts & fresh fruit available daily



MSC Fish



local sourcing

UK farm assured meat

Free Range Eggs

freshly made

red tractor standards

INTERNATIONAL CUISINE

All menu items are subject to availability



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Week 2: w/c : 09.01.17, 30.01.17, 27.02.17, 20.03.17, 24.04.17,

15.05.17, 12.06.17, 03.07.17, 24.07.17.

	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the Day	Chicken Stew served with Rice	Beef Pasta Bake	Chicken Naan	Lamb Shepherd's Pie with Yorkshire Pudding	Battered Fish served with Chips
Vegetarian Dish of Day	Potato, Bean and Root Vegetable Bake with Italian Herbs	Vegetable Pinwheel served with Baby Baked Potatoes	Falafel Patty served with Rice	Vegetarian Sausage Hotdog served with Jacket Potato Wedges	Bean Burger served With Chips
Vegetables & Salad	A selection of fresh vegetables and salads are served daily which incorporate local and seasonal produce				
Desserts	Chocolate Ice Cream served with Fresh Fruit Salad	Madeleine Sponge served with Custard	Chocolate Brownie served with Fresh Fruit Wedges	Strawberry Mousse served with Fresh Fruit Salad	Flapjack served with Orange Juice

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Week 3: w/c: 16.01.17, 06.02.17, 06.03.17, 27.03.17 01.05.17,

22.05.17, 19.06.17, 10.07.17

	Monday	Tuesday	Wednesday	Thursday	Friday
Dish of the Day	Chicken Masala Curry served with Naan	Cajun Chicken served with Pasta	Minced Lamb Biryani served with Rice	Roast Chicken with Yorkshire Pudding served with Roast Potatoes	Mediterranean Vegetarian Meatball topped Pizza served with Jacket Potato Wedges
Vegetarian Dish of Day	Vegetarian Grill served in Bun and Salad Garnish	Vegetarian Spaghetti Bolognaise	Cauliflower and Potato Curry served with Rice	Roasted Vegetable Casserole served with Roast Potatoes	Chickpea and Lentil filled Taco served with a Mint & Yogurt sauce
Vegetables & Salad	A selection of fresh vegetables and salads are served daily which incorporate local and seasonal produce				
Desserts	Chocolate Mousse served with Pears	Strawberry Ice Cream with Fresh Fruit Salad	Chocolate Sponge served with Custard	Fruit Jelly served with Mandarin Oranges	Lemon Drizzle Sponge served with Custard

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