



# Elford Newsletter: Keeping in touch with Year 4

## Dear Parents and Carers,

We hope that you, your family and friends are all well and staying safe during these challenging times.

Hopefully, your child has managed to stay happy and keep busy at home with their home learning pack that you were given a few weeks ago. With this newsletter, there is a new learning pack for your child to work on. Please remind your child to do a small amount of their pack every day so they can keep up with the fantastic learning they were doing before school closed.

All the staff at Harehills Primary are missing the children and their families. Although school is closed to children, we are still here to help and support your family. If you need any help or support, please feel free to contact school or look on the school website, which has lots of links and ideas to help you and your child keep safe, active and healthy at home.

We hope to see you and your child in school again soon. In the meantime, please stay at home, keep safe and well. 😊

## Keeping in touch with the Year 4 Teaching Team

Although we cannot see you in person, the Year 4 team are still available to help you and your child.



If you need to contact your child's class teacher with any questions about your child's learning, please use this email address:

[elfords@harehills.leeds.sch.uk](mailto:elfords@harehills.leeds.sch.uk)



Every week, class teachers will leave a message on the 'year group blogs' section of the website for your child's class.

## Learning at home

Learning at home whilst running a busy household can be tricky, but these ideas will hopefully make it as easy as possible!

### Morning activity ideas:

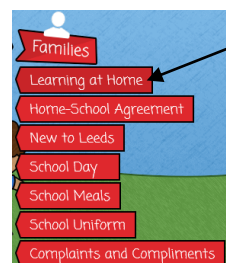
- Start the day with some fun physical activity! You could do a quick PE activity using the link on the school website.
- Spend a short amount of time on their school learning packs.
- Do some quiet reading for a short amount of time.
- Involve your child with jobs around the house like cleaning and writing shopping lists.

### Afternoon activity ideas:

- Spend a short amount of time on their school learning packs.
- Access some of the websites on the 'learning at home' page on the website like *Mathletics*.
- Do some mindfulness or yoga - this will help to keep your child calm and relaxed.
- Involve your child with jobs around the house like cooking.
- Share a story together as a family.

## School website - helping your children to learn at home

On the school's website, there are lots of links for your child to access so they can continue learning at home!



1. Click on the 'learning at home' link under the 'families' tab on the website.

2. Click on your child's year group.



3. Choose the website from the list. Clicking on the logo will take you straight to the website!

## Keeping active and staying healthy

At times like this, it is important to keep active and have fun! Clicking on the links shown below on the 'learning at home' page on the website will give you lots of ideas for keeping active and healthy.



## Stay at home

Staying at home for such a long time can be very difficult, but we all need to do our bit to stop the virus from spreading further.

- Only go outside for food, health reasons or work (but only if you cannot work from home).
- If you go out, stay 2 metres (6ft) away from other people at all times.
- Wash your hands as soon as you get home.

Do not meet others, even friends or family. You can spread the virus even if you don't have symptoms.

