



Nursery Newsletter: Keeping in touch

Dear Parents and Carers,

We hope that you, your family and friends are continuing to stay safe and well as the lockdown continues to be eased slowly, allowing us all to see more of our families and friends. For those of you celebrating Eid, although your celebrations may have been different this time, we hope you managed to have a happy and enjoyable time at home. We were delighted to be able to welcome back some children into school this week and are looking forward to seeing more of our children return to school for the final few weeks before the Summer Holiday.

Please remember to log into your tapestry account daily. We will be continuing to add learning challenges, activities and videos for your child to take part in. Please 'like' the observation or leave a comment so we know that you have taken part in these challenges. We also hope to see more observations being uploaded by you so we can see what your child has been doing at home.

The government has announced the second step towards slowly easing the lockdown. In this newsletter, we will explain what the government says we are now allowed to do. We are happy to say that the government has confirmed that it is safe for some year groups to begin to return to school. **Please do not bring your child back to school yet. We will be in touch to let you know when it is safe for your child to return.** In the meantime, please remember that you can still contact school or visit the school website if you or your family need any support, including if you are struggling with getting food for your family during these difficult times. Please continue to stay safe, stay well and stay at home as much as you can. 😊

Keeping in touch with the Nursery Team.

Although we cannot see you in person, the Nursery team are still available to help you and your child. If you need to contact your child's class teacher's with any questions about your child's learning, please use this email address:
nursery@harehills.leeds.sch.uk

Every week, class teachers will leave a message on the 'year group blogs' section of the website for your child's class. Please login to read your special message.



Lockdown - Stay Safe

Although some of the restrictions on our lives are easing, we still need to take care to stop the spread of coronavirus.

The government have said that we must:

- Continue to stay at home as much as possible.
- Continue to work from home if you can.
- Limit contact with other people.
- Continue to follow social distancing if you go out (keeping 2 metres apart from other people).
- Continue to wash our hands regularly.

Do not leave home if you or anyone in your household has symptoms of coronavirus. This could be a new, continuous cough; a high temperature, or a change in or loss of taste or smell.

What am I allowed to do now?

- Visit outdoor shops, such as markets and car showrooms if they are open but you must stay 2 metres apart from others.
- Meet UP TO 5 OTHER PEOPLE OUTSIDE, including in your own garden or other private outdoor areas, but you must stay 2 metres apart from anyone outside your household.
- If you or members of your household are shielding, you should continue to do so.
- From 15th June, the government are planning for non-essential shops to open.



Harehills Happiness & Health @ Home

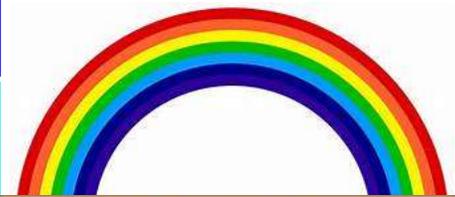
Please look on the other side of this newsletter for this fortnight's fun activity to keep the whole family happy and healthy whilst you're at home!



There is now a 'keeping in touch' video from the staff on the homepage of the school website! 😊

Key Messages

- Continue to log into Tapestry daily. 'Like' or comment on our posts so we know your child has accessed our activities.
- Upload photos/videos of what your child has been doing at home.
- If you are having problems logging into your Tapestry account please email us on the address shown above and we will help you with this.
- If your child is still toilet training please continue to persevere with this as now is the perfect time to do this. If you need any support please visit the NHS website for supportive tips and tools.



NHS Test and Trace

The NHS have launched their 'Test and Trace' scheme. This will help the government to ease the lockdown further whilst keeping us all safe. If you get a call or text from this service saying you have been in close contact with someone with coronavirus, you must stay at home and not go out for 14 days even if you don't have symptoms.





In every newsletter, we'll give you an activity that you and the rest of your family could do with your child. Hopefully, it will help you all to stay happy and healthy whilst we're all at home!

This week's activity is about mindfulness. Here are some ideas for making your own family 'mindful jar!'

You will need:

- A clear jar
- Some water
- Glitter glue, or glue with some dry glitter.



Instructions

1. First, get a clear jar and fill it almost all the way with water.
2. Next, add a big spoonful of glitter glue, or glue and dry glitter to the jar. Put the lid back on the jar and shake it to make the glitter swirl.

This activity can be very calming and relaxing for your child. Encourage them to take a few minutes each day to sit quietly and watch carefully as the glitter swirls and settles.